



THE OPRAH
MAGAZINE

LIVE YOUR BEST LIFE

"I feel like my whole
life is in makeover
mode. Big changes
abound for me."
—Oprah



Half Their Size!
How 5 Women
Lost 676 lbs
And what you can gain
from their stories

**The Prettiest,
Cheapest
Clothes We've
Ever Seen**
Jennifer Lopez
shows us her
stunning new line

TRANSFORM YOUR LUCK • HABITS • HEALTH • HAIR • FRIENDSHIPS • ENERGY

The MAKEOVER

**106 Inspiring
Ways to Change
Things Up**

STRESS LEVEL • DIET • STYLE • SPIRIT

ISSUE!

**What Your Body
Language Is
Saying Behind
Your Back**

Learn how to send a better
message (page 192)

SEPTEMBER 2011 \$4.50



OPRAH.COM

**You're Invited to
Dinner at
Dr. Oz's House**
Zucchini never
tasted so good!



The **O** List

Makeover Edition

A few new,
vastly improved
things
we just love!

< Hot Stuff

Extend your
living room all the
way to the
backyard, with a
patio heater
cleverly disguised
as a lamp.

(Kindle Living
Caroline, \$2,438;
310-400-3024)



www.KindleLiving.com

FIS Design
Patent Pending



July 28, 2011

Arturo Fis
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Dear Arturo,

I am pleased to share with you our September 2011 issue of *O, The Oprah Magazine*, and our pages devoted to makeovers, transformations and inspiring ways to change things up for fall!

Please check out this month's O List where we've featured the Kindle Living Caroline heater among our favorite items.

Thank you for being a part of this issue – we loved working with you!

Best regards,

Adam Glassman
Creative Director

*** Check out the O, The Oprah Magazine iPad App, available on iTunes!**

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